

BustedHalo.com Releases 2008 Freshman Survival Guide 25 Things Every College Freshman Should Know Before Classes Start

NEW YORK, AUG. 18, 2008 – As 1.5 million students prepare to start their freshman year of college, BustedHalo.com, an online magazine devoted to spiritual seekers, today announced the release of their 4th annual *Freshman Survival Guide*.

Available for free at BustedHalo.com (<http://www.bustedhalo.com/features/the-2008-freshman-survival-guide>), the *Freshman Survival Guide* is a series of articles and interviews addressing the issues surrounding college freshman. In addition advice from administrators, professors, counselors, campus ministers and mental health professionals, the *Freshman Survival Guide* heavily reflects the experiences of current and recent college students who shared their advice.

“30% of college freshman drop out during their first year,” says author Nora Bradbury-Haehl. “The *Freshman Survival Guide* is generated for students by students to prevent others from being part of that number. At the end of the day, students are the ones who understand best what works and what doesn’t.”

Since its inception in 2005, the *BustedHalo Freshman Survival Guide* has been read by and distributed to hundreds of thousands of students, administrators and parents. Last year’s edition was the most emailed and viewed story for over four months at Catholic.org, eventually getting forwarded over 30,000 times.

“Clearly, an overwhelming number of college students identify strongly with the notion of spirituality,” Bradbury-Haehl says. “What excites me most is how this guide helps young adults navigate the sometimes dangerous passage from life at home to life on campus and integrates spirituality with the many different challenges and choices facing new college students.”

The 2008 *BustedHalo Freshman Survival Guide* features content and experts available on:

- How to protect your privacy online
- The difference between high school teachers and college professors
- Tips on how to make a great impression in class
- Guidance on religious and spiritual struggles that students face on campus.

The series of articles within the 2008 *BustedHalo Freshman Survival Guide* is timed to coincide with students arriving on campus in late August. All articles will continue to be featured on BustedHalo.com throughout September. To see the Guide click: <http://www.bustedhalo.com/features/the-2008-freshman-survival-guide/>

About BustedHalo

BustedHalo.com is a dynamic, interactive web magazine for young adults who are exploring a deeper meaning in their lives. Based in the Catholic tradition, BustedHalo’s mission is to provide resources that both answer and question spiritual issues created by the modern world. In addition to daily news articles, discussion boards and feature stories, BustedHalo covers pop culture, art, music, books, movies and current events from a faith perspective.

About Nora Bradbury-Haehl

Nora Bradbury-Haehl, a Contributing Editor at BustedHalo, has worked with young people for twenty years. She is the author of *ScriptureWalk*, and *ScriptureWalk: Discipleship*, and was a writer for *Breakthrough! The Bible for Young Catholics* all with St. Mary’s Press.

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